



University of Pretoria Yearbook 2021

Foundations of sports coaching sciences 110 (YCS 110)

Qualification	Undergraduate
Faculty	Faculty of Humanities
Module credits	12.00
NQF Level	05
Service modules	Faculty of Health Sciences
Contact time	3 lectures per week
Language of tuition	Module is presented in English
Department	Sport and Leisure Studies
Period of presentation	Semester 1

Module content

This module identifies, defines and examines the underlying theoretical dimensions and practical principles of scientific sports coaching to provide a platform for subsequent knowledge and application in sports coaching contexts.

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